

Grace Before Meals

Traditional:

Bless us, O Lord, and these thy gifts,
Which we are about to receive
From Thy Bounty through Christ, Our Lord,
Amen.

Before we eat this food, dear Lord,
we bow our heads to pray;
and for your blessings and your care
our humble thanks we say. Amen

Come Lord Jesus,
be our guest, and let
this food to us be blessed. Amen.

Thank you for the food we eat,
Thank you for the friends we meet.
Thank you for the birds that sing,
Thank you, God, for everything. Amen.

Gracious Giver of all good,
we thank you for rest and food;
Grant that all we do or say
may serve you joyfully today. Amen.

Thank you God for the food we eat.
Thank you God for the friends we meet.
Thank you God for the sun above.
Thank you God for your love.

Bless us, Oh Lord,
and these Thy gifts
which we are about to receive
through Thy bounty,
through Christ Our Lord. Amen.